# LOK PURAM PUBLIC SCHOOL NEWSLETTER NO.2 (SEPTEMBER 2024) SECONDARY SECTION FROM THE PRINCIPAL'S DESK

#### **Dear Parents**

Greetings to all!

As we embark into our journey towards the mid session, we extend our gratitude to all stakeholders for their active involvement, participation and support throughout the academic year. We take the privilege to share the glance through of the noteworthy efforts by our students.

# ACADEMICS

- Periodic Test I for Std VI to X was conducted from 8th July to 16th July 2024.
- **Open day** for **Periodic Test I** was held on **28th July 2024**. Answer papers were shown to the parents.
- Multiple Assessment & Subject Enrichment, Term I activities were conducted in the month of August for Std VI to X, as per the schedule.
- **Practice Worksheets/ Revision Worksheets** are being given on a regular basis to the students.
- First Terminal Examination for Std VI to VIII & Periodic Test II for Std IX & X were conducted from 19th September to 26th September 2024.
- **Open Day** for the First Terminal Examination / Periodic Test II is tentatively scheduled on **5th October 2024.**

**SEWA (Social Empowerment Through Work and Action)** is a community outreach programme under physical education. The following activities were conducted under SEWA:

- Std IX B and XB visited Harasiddh Park, Thane on 25th April 2024 to study the working of Rooftop Rainwater Harvesting System which plays a crucial role in conserving and using rainwater.
- **Std VIII** visited **Gurudwara** on **23rd June 2024** to foster Community Service & Dignity of Labour. Students cleaned the Gurudwara, served the devotees & offered them the prasad prepared in the Gurudwara.
- Std. IX C and X C attended a workshop in school on 'First Aid' organized on 14th August 2024. Dr. Samira Bharti & Dr. Sandeep Patil were the Resource Persons. Students were sensitised on the extensive benefits of First Aid as Basic Life Support (BLS) during the times of emergency.
- Std IX E and XE actively participated in the Plantation Drive organised on 15th August 2024 in the Lok Upvan Housing Complex, Thane to create awareness in the society about the conservation of nature.

## HAPPENINGS

- Muharram, Parsi New Year, Janmashtami, Anant Chaturdasi, Eid- e- Milad etc. were celebrated through various activities.
- A **Motivational Session** for the current batch of Std X Students was conducted by the **School Toppers** of **Std X Board Exam** on **28**<sup>th</sup> **June 2024**.
- An Eye Check up camp was organised by Shree Ramakrishna Netralaya, Thane on **18th & 19th July 2024** for all the students and staff of the school.

- As per CBSE guidelines, the school celebrated **Siksha Shapath Week** from **22nd to 28th July, 2024** to commemorate the 4th anniversary of the National Education Policy (NEP) 2020. Teaching and Learning was conducted through play - way methods like gamification, art integration, physical activity & experiential learning. Other activities like playing indigenous games like kho - kho, langadi, poetry recitation, rendering folk & patriotic songs, Tree Plantation Drive etc were conducted to create awareness about the importance of plantation & maintaining ecological balance.
- An orientation programme on **Rational Parenting** was conducted on **27th July 2024** for the Parents of **Std X** students.
- 78th Independence Day Celebration:
- A plethora of activities for students of Std VI to X were conducted from 12th August to 15th August 2024 in the school as a part of 78th Independence Day Celebration. Speeches highlighting on contribution of Freedom Fighters, Inter-House Patriotic Song Competition, Poster making on 'My Country, My Pride', Slogan writing & Social Advertisement on 'Flag of India' & 'Clean India, Green India' were conducted. The Principal hoisted the Flag on 15<sup>th</sup> August 2024 and a Tree Plantation Drive was also organised wherein each child planted one sapling, contributing towards environmental conservation.
- Rakshabandhan, was celebrated through eco-friendly Rakhi Making Competition for Std VI to VIII on 14th August 2024.
- Annual School Exhibition 'KAVACH Prevention & Mitigation Strategies for Disaster' was
  organized on Saturday, 24th August, 2024. The participants displayed their exhibits
  showcasing the scientific skills and creative thinking to mitigate disasters through selfdesigned working models and projects. Charts and other artifacts of the school Clubs were
  also displayed.
- **Teachers' Day** was celebrated on **05.09.2024**, to mark the occasion of Dr. Radhakrishnan's birthday. A short cultural programme was presented by the students to express gratitude for their teachers.
- Swachhata Pakhwada was observed in the month of September 2024 through various hands on activities : collecting plastics, pet bottles, plastic bags, cans etc. and sending them to Plastic Recycling Plant as a part of their campaign to 'Reduce, Reuse and Recycle Plastics'. Students actively took part in the 'Cleanliness Drive' organized in the school.
- **Hindi Diwas** was celebrated on **14th September 2024**, through various activities like Poster making, Slogan writing & Speeches highlighting the importance of Hindi language as our Rajbhasha.

# **STUDENT ENRICHMENT PROGRAMMES**

## Inter House Competitions (July To September)

- Story Telling Competition for Std VI & VII was conducted on 04.07.2024.
- English Elocution Competition for the students of Std VI & VII was conducted on 30.07.2024.
- Smack and Knock Competition was held on 02.08.24 for the students of Std X.
- Patriotic Song Competition for Std VI & VII was conducted on 07. 08.2024.
- Newspaper Designing Competition for the students of Std VIII & IX was conducted on 09.08.2024.

## **Inter House Sports Competitions**

- Football for boys of Std VI VII & VIII & IX was conducted on 22.06.24 & 27.06.24 respectively.
- Chess Competition for boys and girls of Std VI to X was conducted from 28.06.24 to 11.07.24.
- Carrom Competition for Std VI to IX, boys & girls were conducted on 18.07.2024, 22.07.2024 & 26.07.2024.

## **CLUB ACTIVITIES**

Following are the Club Activities conducted for the months of **July and August 2024**:

## Eco Club

- **Std VI** Slogan writing on 'Using Clean Energy', 'Saving Water' 'Reducing Pollution' & making Eco Friendly Home Decors.
- **Std VII** Collage making depicting how 'Urbanisation, Industrialisation & Other human activities are causing harm to the environment' & Food preparation without the use of fire.
- **Std VIII** Charts on 'Reasons for Land Degradation & Measures Taken for its Restorations' & Monitoring the Energy Conservation at home & bringing it down by adopting effective measures.
- **Std IX** Charts on 'Sustainable Measures for a Safe Environment' & making Eco friendly Bricks.
- **Std X** Research & Charts on ' Project Tiger' & Case study on Eco friendly Homes of India.

#### Yuva & Heritage Club

- Std VI Charts on 'Traditional Crafts of Maharashtra' & 'Various Forts of Maharashtra'
- **Std VII** Pictorial charts on 'Handicrafts of Maharashtra' & Writing information on ' A Fort of Maharashtra'.
- **Std VIII** Making 'Local Artifacts & Handicrafts of Maharashtra' & Informative Chart on 'Forts of Thane'
- **Std IX** Charts on 'Measures to be taken to promote Local Industries & Handicrafts' 7 Brochure on 'Any Fort of Maharashtra'.
- **Std X** Research on 'Vocal for Local Programme by the Government' & Charts on 'Legendary Stories on Shivaji's connection with the Forts of Maharashtra'.

## **Health & Nutrition Club**

- **Std VI** Charts on 'Waterborne Diseases caused during Monsoons & their Precautions' & 'Balanced Diet'.
- **Std VII** Charts making on 'Healthy Eating Habits during Monsoons' & 'Pyramid on Balanced Diet'.
- **Std VIII** Pictorial Charts on **'Do's & Don'ts** to remain Healthy during Monsoons, Pictorial Demonstration of 'Surya Namaskar & its Benefits' & Preparing Healthy Fast Food & Share the Recipe.
- **Std IX** Informative Charts on 'Indoor Exercises to remain Fit during Monsoon', 'Yoga The Cultural History of India' & 'Healthy Diet to Reduce Obesity among Students'.

• **Std X** - Charts on ' Common Illness during Monsoons & Home Remedies', 'Meditation & Yoga to Improve Immunity & Concentration Power'& 'Growing Risk of Diabetes among Youth & its Precautions'.

#### Interact Club

- The installation ceremony of the Interact Club was held on **20th July 2024** under the guidance of Rotary Club of Thane, Lake City.
- Eco-friendly Ganapati Idol Making Workshop was organised in collaboration with Rotary Club of Thane on 6th September 2024 for the student members of Std VIII & IX. Mrs. Poornima Shirgaonkar & Manali Dhangade demonstrated the skills to shape Ganapati Idols with clay to students. All students made beautiful Ganapati Idols before Ganesh Chaturthi.

## WORKSHOPS

## For Students

- A workshop on **Financial Literacy** was organised for the students of **Std IX & X** on **6th August 2024**. Mr. Bhagat Banzal, Vice President, Unit Trust of India, Mutual Funds explained the importance of management of finance such as saving , investments etc.
- An interactive session on Vocational Guidance was conducted by Rotarian J.B Kabra for Std X students on 3rd August 2024 highlighting various career options to students.
- In addition, the school also organised an **Aptitude Test** on **25th August 2024** for interested students of Std. X.
- A workshop on **Electricity Safety** was conducted for the students of **Std VII & VIII** on **8th August 2024.** Resource Person, Mrs. Varsha Eadulapally, Assistant Engineer from MSEDCL highlighted the importance of safe handling of electrical gadgets.

## For Parents

- A workshop on **Rational Parenting** was conducted for the parents of **Std X** students on **27th July 2024.** Mrs. Ketki Raut, the School Councellor, Mrs. Seema Raorane, Special Educator & Guest Parents of our School Toppers in Std X Board Examination 2024, Mrs. Jagruti Thakkar & Mrs. Meenu Gupta shared their experience on how parents can motivate & support their children to cope up with the academic pressure of board examinations.
- A workshop on Career Guidance was conducted by Rotarian J.B Kabra for the Parents of Std X on 31st August 2024. It was an interactive session creating awareness about available career options & suitability as per student's competency.

# TEACHERS ENRICHMENT PROGRAMME

The Principal and Teaching Staff of school attended the following Offline Capacity Building Programmes conducted by CBSE upto **September 2024** as per CBSE guidelines:

- 'School Health & Wellness' on 19.07.24 & 20.07.24, held in Jaipuria School, Navi Mumbai.
- 'Competency Based Assessment (Seconday Mathematics)' on 26.07.24 & 27.07.24, held in VPM's BRTOI English High School, Mulund.

- 'Critical & Creative Thinking' on 22.08.24 & 23.08.24 in Don Bosco Senior Secondary School. Nerul.
- 'Learning Outcomes & Pedagogy' on 20.09.24 held in Lok Puram Public School, Thane.

Teachers also attended the following **11** Online Training Programmes:

- 1) Identifying Talent and Goal Setting
- 2) Psychometric Assessments by School Counsellors
- 3) Career Assessment in Counseling
- 4) Action Research
- 5) Cyber Threats
- 6) Elevating Teaching-Learning Dynamics on Diksha
- 7) Environmental Hazards of Electronic Waste
- 8) Cyber Hygiene Practices: Personal Digital Devices
- 9) Catch the Rain
- 10) Learning Through Art Integration Foundational Stage
- 11) Media and Information Literacy

In addition regular In-House webinars are also being conducted by our own teachers as Resource Persons.

# ACHIEVEMENTS

## Scholastic

- Anmol Mahesh Diwakar of Std VI received the School Topper Medal with All India Rank -120 in the 16th All India Maths & Science Talent Examination held in January 2024.
- Manthan Alkesh Dodhia & Anmol Mahesh Diwakar of Std VI made us proud by qualifying the Advanced Level of National Genius Search Examination 2024.

## **Performing Arts**

 In Inter School Group Singing Competition (Junior Level) held on 9<sup>th</sup> August, 2024 at Holy Cross Convent High School, Thane, the following students won First Prize Trophy & Gold Medals.

## Std VII

- Prayansh Sahu
- Gargi Lambat
- Mahika Roy
- Shrinidhi Rajesh
- > RVL.Amruth
- Simran Matharv
- Vihaan Puntambekar
- Shreya Thakur
- Sayli Koyyala
- Nupur Joshi
- Ashitosh Rao
- Sreyash Shivram

#### Std VI

- Avni Chavhan,
- Anagha Subramanyam
- Aarohi Chavhan
- Serah Rahul
- Shreya Kulkarn
- Evelyn Sijo
- > Nishtha Raikar
- Naivedya Dubey
- Saanvi Nilesh Bhave of Std.VIII secured Third Position in All India 14<sup>th</sup> Cultural National Dance Contest and Festival held from 21<sup>st</sup> August to 24<sup>th</sup> August 2024.

#### Literary

 In Pen the Glimpse Poetry Writing Competition, Indrani Deo of Std IX received a Certificate of Appreciation for writing a poetry in their website – "Stories by Children" held in May 2024.

# **Sports**

- \* In CBSE Cluster IX Athletic Meet :
- Manas Shinde of Std X was awarded Gold Medal in 400 mtr Running Race & Bronze Medal 200 mtr Running Race (Under 17 yrs. category) held in Kolhapur from 5<sup>th</sup> to 7<sup>th</sup> September 2024.
- Utkarsh Patil of Std VII also received a Bronze Medal in 200 mtr Running Race (Under 14 yrs. category).

## In District Sports Organisation (DSO):

- Atharva Mane of Std VIII secured a Gold Medal in Carrom Competition held on 20th September 2024 and is selected for Zonal Level Competition.
- Sarthak Khedekar of Std VIII won **3 Gold Medals** in Swimming Competition (50m, 100m & 200m breaststroke category) held on **20th September 2024.**
- In 21st State Level Silamban Selection Championship-2024-2025 organised by All Maharashtra Silambam Association :
- Ashmi Sachin Ingale of Std.VI won a **Gold Medal** in Long Stick weight Category-35 kg.
- In Karate Championship organised by World Funakoshi Shotokan Karate organised by Shotokan Karate Self-Defence Association :
- Trideep Adhikary of Std VIII (Under 12 to 13 yrs Category) won a Gold Medal in Kumite and a Silver Medal in Kata held on 28th July 2024. He also won a Gold Medal in Kata & Silver Medal in Kumite held on 11th August 2024.
- Urvi Puneet Singh Fartyal of Std VIII (Under 14 years category) won a Bronze Medal in Kata & a Silver Medal in Kumite held on 11th August 2024.

## **Special Achievement**

- Shakti Foundation of India conferred the following awards on 21<sup>st</sup> September 2024 for celebrating Teachers Day and Hindi Essay Writing Competition for Students:
- Lok Puram Public School was awarded with a Trophy for Exemplary Performance of our students in Hindi Essay Writing Competition.
- > Ishmeet Kaur of Std. X was recipient of the All Rounder Student of the Year Award.
- Nirvan Magdum of Std. X received First Prize and Hemant Parihar of Std. VIII received Second Prize for Hindi Essay Writing Competition.
- Mrs. Sonal Khandekar was conferred with the Best Teacher Award- Secondary Section in appreciation of the invaluable service rendered to the institution.
- Trophies for Excellence in Promoting Affordable Education for Enhancing Social Equity were awarded to Mr. Bakul B. Avarani , Trustee & Administrator, Lok Foundations and to Dr. Lipika Chandra, Principal on 28th August, 2024 in the K-12 Summit at 'The Lalit', Mumbai organised by Eldrok India.
- The Principal was bestowed with 'Leadership in Education Award' by Spell Bee International in the month of September 2024.

We wish you a very blissful Navaratri Festival.